



Purposeful Activities Mentor

Locations available: Minneapolis, Robinsdale, and Brooklyn Center

Days: Flexible

Hours: Varies

Contact: Maria Figueroa (612)735-7138 or email: mariaf@restartincmn.org

Description: Do you love being active and would love to mentor someone who needs assistance to do the following activities: weightlifting, bike riding, wii, basketball, gym, YMCA or Valley fair?

Qualifications:

Be able to come up with ideas for planning upcoming outings, interact/communicate with diverse clients, have a good attitude and open mind. Must be outgoing and patient. Skills in listening are very essential. Posses own vehicle, driver's license, and insurance.

Timeframe:

Minimum commitment of six months. Approx. 2 hrs twice/ month but may vary based on activity.

Benefits:

Training, reimbursement expenses on mileage at a rate of \$.50 cents per mile and other out of pocket expenses will also be reimbursed when assisting a client, gain valuable volunteer experience. Volunteer hours are recorded to provide with good job references. Feel good making a difference in someone's life and giving back to your community.

Our Mission:

To support persons with brain injuries and related disabilities to achieve their highest level of independence through programs and independent living skills in community living and outreach environments."